



## Connecting Thought And Behavior Undergraduate Course Information Sheet

**Course Number: CCH 325, 4 credits, 10 Weeks**  
**Cross listed Course Number: FA 325, 2 or 4 credits, 10 Weeks**  
**Delivery Formats: Online Async**

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### Course Description

This course introduces students to concepts of Cognitive Psychology. They will review the history and development of the field and explore how cognitive processes impact thought and behavior. Through an experiential learning process, students will explore the science behind such topics as perception, consciousness, memory, language, problem solving, reasoning and emotional experience and how these cognitive abilities impact their lives.

### Learning Outcomes

After completing this course, you will be able to:

- Describe the history and development of the field of Cognitive Psychology.
- Understand social and cultural factors of learning and processing knowledge.
- Identify how the brain processes a variety of different stimuli and produces output.
- Maximize the use of memory based on an understanding of memory models.
- Evaluate communication outcomes and processes based on the use of language.
- Reflect on decision-making using problem solving and reasoning techniques.
- Monitor and evaluate your own thoughts and behaviors to maximize your effectiveness in the different environments and settings you engage in daily.
- Develop a plan for self-improvement based on an analysis of your own cognitive and behavioral tendencies.

- Apply your understanding of how and why people behave in different ways to better understand the behaviors of those you encounter on a daily basis.

If in a SCPS competence program, (BAIFA, BAC, BAGB, BAECE), this course addresses the following requirements:

Competence	Competence Statement / Criteria
H1I	Can understand change methodology, plan change within a community, and assess its likely impact.
H3A	Can use two or more theories of human psychology to understand and solve problems.
S3X	Can analyze how the use of a particular mode of communications technology can influence the way people interact with each other.
FX	Can assess how one's own thought patterns influence that person's career choices and behavior in the workplace.

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## Learning Strategies and Resources

Some learning activities, assignments and deadlines will vary depending on the delivery format of the course and may differ slightly from what is presented in this document.

You will demonstrate learning outcomes through participation in the discussion forum and development of your written assignments. The discussion that takes place during each module will be the primary means for you to demonstrate the learning that you are achieving through your reading assignments and personal observations during the quarter. You will be expected to share questions, insights, clarifications and observations and to report on the environments you are observing and share examples of what you plan to include in your final projects.

## Required Readings

Books and learning materials are available at the DePaul bookstore, at <http://depaul-loop.bncollege.com>, or through alternative sources.

Fundamentals of Cognition, 3rd Edition, by Michael W. Eysenck and Marc Brysbaert, (2018), Routledge Press, ISBN: 978-1-138-67043-3 (hard cover), ISBN: 978-1-138-67045-7 (paperback), ISBN: 978-1-315-61763-3 (e book).

Additional readings may be available on Electronic Reserve, at the [DePaul Library](#). Login to Ares Course Reserves and select the course. Log in using your Campus Connect User ID and password. You will then get a page listing the courses in which you're enrolled that have readings posted in Ares. Click on the title of this course and the list of our electronic reserve readings will be displayed.

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## Learning Deliverables

**Cognitive Self Assessment:** The objective of this assignment is for you to reflect on your cognitive abilities and the behaviors that are associated with them. This experience will help you to create a frame of reference as you learn about cognitive functions and their applications during the course. As we continue through the different modules in the course, you will gain knowledge and insight into how each of these functions works so that you can use them to sharpen your skills. This assignment is worth 20 Points toward your final grade.

**Observation Environment Assessment:** The objective of this assignment is for you to examine and assess the environments you will be observing during the course. This experience will create a frame of reference for you to observe these environments and provide a foundation for you to apply the information you will learn about cognitive abilities and their application to the behaviors exhibited in these environments. This assignment is worth 30 Points toward your final grade.

**Competence Environment Analysis Report:** The objective of this assignment is for you to apply the concepts and theories you have learned related to cognition and behavior to the environments you have been observing during the quarter. This assignment is worth 50 Points toward your final grade.

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## Assessment of Student Learning

### Distribution of Grade Points

Discussion Forum Participation	33%
Cognitive Self-Assessment	13%
Environmental Assessment	20%
Environmental Final Report	33%

### Grading Scale

A = 95 to 100	A- = 91 to 94	B+ = 88 to 90
B = 85 to 87	B- = 81 to 84	C+ = 77 to 80

C = 73 to 76	C- = 69 to 72	D+ = 64 to 68
D = 61 to 63	F = 60 or below	INC

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## Course Schedule

<b>Week and Module Title</b>	<b>Readings</b>	<b>Assignments</b>
Week 1, Module 1: The Study of Cognition	Eysenck, Chapter 1	Online Discussion Topic: Cognitive Psychology Reflections (5 Points)
Week 2, Module 2: Environment and Self Assessments		Online Discussion Topic: Assessment Assignment Reflection (5 Points)  Assignment One: Cognitive Self-Assessment (20 Points)  Assignment Two: Environment Assessment (30 Points)
Week 3, Module 3: Perception and Consciousness	Eysenck Chapter 2, 3	Online Discussion Topic: Module 3 Project Examples, reflections (5 Points)
Week 4, Module 4: Long and Short Term Memory	Eysenck Chapter 4,5	Online Discussion Topic: Module 4 Project Examples, reflections (5 Points)
Week 5, Module 5: Practical Cognition	Eysenck Chapter 6,7	Online Discussion Topic: Module 5 Project Examples, reflections  (5 Points)

Week 6, Module 6: Using Language	Eysenck Chapter 8	Online Discussion Topic: Module 6 Project Examples, reflections (5 Points)
Week 7, Module 7: Problem Solving	Eysenck Chapter 9	Online Discussion Topic: Module 7 Project Examples, reflections (5 Points)
Week 8, Module 8: Judgment and Reasoning	Eysenck Chapter 10	Online Discussion Topic: Module 8 Project Examples, reflections (5 Points)
Week 9, Module 9: Cognition and Emotion	Eysenck Chapter 11	Online Discussion Topic: Module 9 Project Examples, reflections (5 Points)
Week 10, Module 10: Synthesizing Observations		Online Discussion Topic: Course Reflections (5 Points)  Assignment Three Environment Analysis (50 Points)

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**Course Policies**

For access to all SCPS and DePaul University academic policies, refer to the following links:

[SCPS Student Resources Website](#)

[DePaul Student Handbook](#)

The [D2L Course Website](#) for this course.

**Course Syllabus**

The official syllabus for this course that includes course dates, instructor information and quarter specific details will be provided by the course instructor by the start of the course and available on the course D2L website.

## Course Registration

To find out when this course will be offered next, you can go to the [SCPS Registration website](#) for details on how to register for the course.

For information on how this course can apply to your program, contact your academic advisor.

### **School of Continuing and Professional Studies**

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