

Elements of Better Practice

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<p>(1) REFLECTION</p>	<ul style="list-style-type: none"> a. Understanding reflection. b. Exploring experiences, understandings, feelings, perceptions and actions. c. Reflecting critically on past and present experiences to inform present and future actions, decisions and progress. d. Drawing on ideas to interpret experiences. e. Surfacing emotions/feelings that underlie assumptions and perspectives and staying open to data regardless of emotional reactions. f. Selecting purposeful approaches and strategies for: (a) self-reflecting; (b) eliciting constructive feedback; and, (c) self-assessing. g. Using self-reflection, feedback and self-assessment to advance learning and development. h. Determining course(s) of action guided by critical reflection(s).
<p>(2) AGENCY</p>	<ul style="list-style-type: none"> a. Understanding agency. b. Taking responsibility for achieving goals (including learning goals) and adding value. c. Identifying and using a variety of learning resources. d. Turning specific events into experiences for learning. e. Participating proactively and creating networks. f. Managing time and tasks to fulfill commitments. g. Finding and using standards to track progress and assess effectiveness. h. Accepting responsibility for outcomes (positive and negative) of actions.
<p>(3) FLEXIBILITY</p>	<ul style="list-style-type: none"> a. Understanding flexibility. b. Analyzing messy conditions/situations and applying knowledge from multiple perspectives, models and theories as well as roles, responsibilities and contexts. c. Making connections between seemingly disparate entities. d. Generating and entertaining multiple interpretations for any proposition, assertion or observation. e. Devising well-framed problems and inventing possible solutions. f. Adapting to various situations based on awareness/examination of learning processes. g. Practicing a repertoire of skills and responses across a variety of personal/professional settings. h. Taking appropriate risks.